

CHASE PARK MESSENGER

Be Still

The concept of “being still” is one that we see on several occasions in the Old Testament. In Exodus 14, as the children of Israel stood at the shore of the Red Sea with the Egyptians in pursuit, Moses calmed their panic by saying to them, “*Do not be afraid. Stand still, and see the salvation of the Lord, which He will accomplish for you today.*” (vs. 13) In Nehemiah chapter 8, as Ezra read the law of God to the people and they wept in response, the Levites said to them, “*Be still, for the day is holy; do not be grieved.*” (vs. 11) In Psalm 4:4, we read this exhortation: “*Be angry, and do not sin. Meditate within your heart on your bed, and be still.*” Maybe the most well-known occurrence of this phrase is found in Psalm 46:10 where we read, “*Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!*” We read and acknowledge these passages as the perfect Word of God, but do we truly understand the deeper meaning of the phrase “be still?”

While “be still” can certainly have the meaning of “stop moving” (e.g. that seems to be at least part of its meaning in Exodus 14), the phrase is more often used in reference to an inner stillness—emotional tranquility, peace of mind, calmness of heart. It is the opposite of worry, fear, trepidation, or frustration. This type of stillness is anchored in our confidence in God’s power, presence, and love. We can be still in any circumstance because God is always with us to meet our needs and to care for us as a loving Father.

Jesus uses the phrase “be still” during His ministry. In Mark 4, Jesus says to the storm, “*Peace, be still!*” It has long been my belief that Jesus was not only speaking to the stormy sea on that occasion, but also to the panicked and frightened apostles who were with Him. They were experiencing two storms in that moment—the outward on the sea, and the inward storm in their minds and hearts. I believe that Jesus’ words were said to calm both storms and to encourage His friends to “be still.” They were, after all, with the Master of the sea and the storm.

Do you ever struggle with emotional or spiritual storms in your life? Are you ever overwhelmed by fear or worry? If so, God’s word of encouragement to you is “Be still.” He is with you to comfort you and to keep you with His mighty hand. Lean on Him and be still.

Rusty

Welcome, Guests

We are honored that you have chosen to visit with us today! Our time of worship together on the Lord’s Day is one of the highlights of each week and we are thrilled to be able to share this special time with you.

As we worship, our desire is to do so according to the New Testament pattern and in a way that is pleasing and acceptable to God. It is also our prayer that our time together is uplifting to those who are here including you, our guests. If you have any questions about anything that you see or hear today, please feel free to ask. We would love to speak with you about those things and help you in any way that we can.



Ministers

Rusty Hills Pulpit
Pat Cowden Evangelism

Elders

Curtis Hill Dennis Lawson
Sam Kachelman Greg Parker
Barry Todd

Missionaries

Jaime Mendoza Chalco, Mexico
Liberio Encarnacion. Ecatepec, Mexico
Slava SavkovskyUkraine
Barton Kizer.....North Carolina
Dewayne Tapscott..... Southwest

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cpcofc.org



YOUTH NEWS

Children's Ministry (Little Lights-6th Grade)

Feb. 12 **Vittles w/Friends**
3:00—6:00 p.m.

Feb. 23 **CM Devo**

Bible Bowl

Feb. 2 **TVBB**
@ Owens Cross Roads

(See Michele Clements or Mindy Sims for details or information.)

Youth Group (7th-12th Grade)

Every Monday @ 7:00 am **M4**

Every Wednesday **Hang Time**

Feb. 9 **Area-Wide Devo**
@ Owens Cross Roads

Feb. 12 **Vittles w/Friends**
3:00—6:00 p.m.

Feb. 16 **Youth Devo**

Feb. 28-Mar 1 **CYC!**

Lads to Leaders

**Be watching and listening for
practice days and times!**

Feb. 23 **Written Bible Bowl Test**
3:30 p.m., 5th-6th grade room

Apr 10-12 **2020 Convention**
@ Opryland Hotel

*Stay tuned for more details on these events or see Cody Gothart,
Joel Heady, Wes McDonald, or Stephen Trammell for more information.*

Outreach—Pat Cowden

This past week has been exceptionally busy in regards to reaching out to the community. We had the first OHM meeting of the year for the 50-59 year olds and it was a great time of fellowship and getting to know each other better. We had about 15 visitors who filled out cards and around that many that did not fill out cards. Many of those visitors are Christians, but many of them are not. We are especially interested in making them feel welcome, getting to know them, and establishing if they have an interest in a bible study.

After that, we had 30 people attend Monday Night for the Master. During this period of service we had:

- People providing childcare
- People doing special projects for teachers and missionaries
- People writing out handwritten cards of encouragement to visitors and others
- People who visited visitors
- 15 people who stayed for the first **Think Souls First** team meeting

In the TSF meeting, we asked several questions about the experience and desired outcomes of what we were trying to accomplish with the team. We have several people at Chase Park who are very experienced personal evangelists and had several at the meeting who were able to commit to holding bible studies without further instruction. We also had several who were seeking instruction on how to hold bible studies. We will be conducting those classes in the future TSF meetings until everyone who has an interest feels confident to either be able to hold or assist in personal bible studies with those seeking the truth.

When I announced the establishment of the TSF team, I mentioned that we had a goal of having 20 bible studies per week for 2020. When asking for how many each person could commit to, we are already up to 17 per week (and that doesn't even include me!). Now we know we have the structure in place to handle however many studies the congregation can generate. If we really believe God is able to do exceedingly abundantly above all that we ask or think (Eph. 3:20) we now have a chance to prove it! Please join this effort. If you have questions, PLEASE ask me.

Remember, I love you and want to go to heaven with you.

Pat



Think Souls First

News Of Interest

Pantry Item: Chef Boyardee

Sick

Home: Glenda Hall (E) No visitors, Juanez Tanner**, Tiny Corder (G) No visitors, Donell Parker (I), Anne Fults (I)

Sympathys

We express sympathy to the family of **Helen Barker** in her death. Funeral services are today at Berryhill. Visitation is at 11:00 a.m., funeral at 1:00 p.m., burial following at Huntsville Memory Gardens. To **Hollis Todd** in the death of his brother-in-law, Royce Ray, in Clanton, AL. To the family of **Rudye Cabe** in her death on Friday morning.

New Members

Be sure to welcome new members **Dennis and Pamela Blythe** to our Chase Park family. They come to us from the Elkmont congregation. Dennis is a Software consultant with Hexagon/Intergraph and Pamela is self-employed.

Men's Breakfast

Saturday, February 15, 8:00 a.m.

OHM Meeting

Saturday, February 22, 5:00 p.m. at the home of **Andy and Debbie Phillips**.

Today and Upcoming at Chase Park

Family Care Groups Meeting

Groups **A, D, and H** are meeting today for lunch. **Group D set out food; Group H clean up.**

Regency Retirement Service

Today: 1:30 p.m.
Speaker: **Michael Sims**
Song Leader: **Cody Gothart**

Hospital Visitation

Team **#4 (McCall)**, please pick up your assignments following evening worship.

C.A.P.S. Super Chili Bowl Fellowship

Today, 5:00 p.m. worship and following in the kit/dr/fh. Members age 18-29, eat chili, watch game/play games.

Balance Class

Tuesday, Thursday, February 4, 6, 1:30 p.m.

Ladies' Monthly PM Bible Study

Tuesday, February 4, 6:30 p.m., at Debbie Phillips.

Super Seniors

Wednesday, January 5, 10:00 a.m., cooks will prepare lunch.

Ladies' Retreat

Friday-Saturday, February 7-8 at Camp Ney-a-Ti. \$40 is **due today** to Erica Karraker or Valerie Matheny.

New Member Reception

Sunday, February 9, after p.m. service, dining room.

Worship Participants

SUNDAY AM February 9, 2020	
READING	Jim MacLean
F PRAYER.....	Mark Lambrecht
LS PRAYER.....	Sam Kachelman
C PRAYER.....	Ellie Brake

SUNDAY PM February 9, 2020	
READING	Jack Rosenblum
F PRAYER.....	Gregg Crabtree
C PRAYER.....	Zeke Burton



2020 VISION



Chase Park
CHURCH OF CHRIST

Statistics

Sunday, January 26, 2020

AM Worship	351
Month Average	377
Bible Class	277
PM Worship	253
Wed., Jan. 29 Bible Classes	253
Regency Ret. Worship	43
Offering	\$19,068.09
Budget	\$19,500
Average '20	\$20,672
Over Budget for year	+\$4,686
Building Fund	\$130.00

Services

Sunday

Worship	9:00 a.m.
Bible Class	10:15 a.m.
Worship	5:00 p.m.

Wednesday

Super Seniors	10:00 a.m.
Bible Class	6:30 p.m.

Web Site Home Bible Studies

<https://www.epcofc.org/home-bible-studies>

(Lesson 1 Link)

The Bible—God's Holy Word

MESSENGER is published weekly by the Chase Park Church of Christ, 1640 Winchester Road, N.E.; Huntsville, AL 35811; (256) 852-3801. Send address changes to Messenger, 1640 Winchester Road, N.E.; Huntsville, AL 35811